



2221 Health Drive SW Suite 1400

Wyoming, MI 49519

## Medication to AVOID prior to Allergy Testing

### **Beta Blockers - Please AVOID taking these the day of testing.**

Carvedilol – Coreg/Coreg CR	Metroprolol – Lopressor/Toprol XL
Acebutolo – Sactal	Cosopt Eye Drops – Timolol/Dorzolamide
Sotalol – Betapace/Sorine	Kerlone – Betaxolol
Labetalol - Normodyne	Bisoprolol – Zebeta
Pindolol – Visken	Propranolol – Inderal/Innopran XL
Atenolol – Tenormin	Carteolol - Cartrol
Nadalol – Corgard	Nebivolol – Bystolic

### **Antacid/Anti-ulcer – Please AVOID 2 days prior**

Zantac – Ranitidine  
Pepcid – Famotidine  
Tagamet – Cimetidine  
Prevacid – Lansoprazole

### **Antihistamines Please AVOID taking 7 days prior to testing**

Any OTC medication with the word "Allergy" or 'PM' in it such as Tylenol Allergy, Advil Cold/Sinus and Nyquil.

Allegra – Fexofenadine  
Claritin – Loratadine  
Zyrtec - Cetrizine  
Xyzal – Levocetirizine  
Benadryl – Diphenhydramine  
Actifed – Genac/Aprodine  
Aller-Chlor/Chlor - Trimeton - Chlorpheniramine  
Clarinex – Desloratadine  
Extendryl/Extendryl XR/PSE  
Phenergan – Promethazine  
Hydroxyzine – Vistaril  
Meclizine/Bonine - Medi Meclizine

### **Medications ALLOWED with Allergy Testing**

Prednisone (if taken for less than 1 week)  
Decongestant nasal sprays (Afrin)  
Symbicort (avoid using 12 hours prior to appointment)  
Albuterol (avoid using the morning of appointment)  
Steroid nasal sprays (Flonase/Fluticasone)  
Sudafed Mucinex  
Prevacid (Lansoprazole)

Please call our office at (616)794-6301 with any questions or concerns